

Self-Empowerment Center (SEC) Release Form

Please read and sign this form before completing the rest of the forms.

I understand that hypnosis is not an exact science and therefore results are not guaranteed. This is true in any situation where a professional is trying to help you. There is always a human factor. Doctors don't guarantee that you will get well. Teachers can't guarantee that you will learn, and lawyers can't guarantee that you will win your case. What I can guarantee, here at SEC, is the best service, using current information and appropriate techniques for your situation. We are constantly improving techniques and keeping up with the latest developments in the field of hypnosis as well as personal development.

I understand that ultimately I am responsible for any changes that occur as a result of the hypnosis sessions. Most people finish the hypnotherapy process in five to six sessions. If it takes more than six sessions hypnosis may not be right for you.

I release Tracy Holwagner from any liability whatsoever regarding all of my sessions. I am of legal age, sound mind, and emotionally stable. I am not undergoing medical, psychological, or psychiatric treatment that would prevent me from participating in hypnosis. I realize that Tracy is a hypnotherapist and not a mental health therapist, a doctor, a psychologist, nor a psychiatrist. I understand that she is not diagnosing, prescribing for, or treating any physical, mental, or emotional disorders or diseases and do not hold her responsible for them. I agree to inform Tracy of all physical or mental conditions which might affect her work with me.

I agree to pay Self-Empowerment Center in advance to hold and confirm each appointment. If payment is not received before your scheduled appointment it will be cancelled. If you need to cancel or reschedule for any reason you must notify SEC at least two working days before your appointment during working hours (9 a.m. to 4:00 p.m.) or you will be charged for the missed appointment. This is because I will be unable to reschedule another client upon such short notice. **No refunds given once payment is received.**

Your session will be cancelled if you are more than 15 minutes late.

I understand that Self-Empowerment Center reserves the right to refuse to work with me at anytime or can cancel an appointment at anytime. If you are not being compliant or refuse to put your full effort into the process, SEC reserves the right to refuse to work with you.

By signing this form, I am stating that I have read this form and understand that, like other healing arts, the practice of hypnosis, hypnotherapy, and coaching are not an exact science. Therefore, results are not guaranteed, nor are refunds given once payment is received. I also understand that all information shared is confidential.

Tracy Holwagner

Client signature

Date